

SEPTEMBER | 2023

Jones/ Middle School



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

28



29

Corn Dog
Baked Beans
Baked Chips
Fresh Fruit
Choice of Milk

30

Hamburger/Bun
Potato Wedges
Carrots/Ranch
Fresh Fruit
Choice of Milk

31

Pancakes/Syrup
Potato Triangles
Sausage Links
Fresh Fruit
Choice of Milk

1

No
School

5

Nacho Supreme
Meat/Chips/Cheese
Lettuce/Tomato
Salsa/Sour Cream
Fresh Fruit
Choice of Milk

6

Hot Dog
Mac & Cheese
Baked Beans
Fresh Fruit
Choice of Milk

7

Trio Sub
Baked Chips
Lettuce Salad
Fresh Fruit
Choice of Milk

8

Pizza Stick
Steamed Corn
Fresh Fruit
Choice of Milk
Pudding

11

Bosco Sticks
Lettuce Salad
Fresh Fruit
Choice of Milk
Cookie

12

Chicken Patty/Bun
Buttered Noodles
Baked Beans
Fresh Fruit
Choice of Milk

13

Chicken Nuggets
Smiley Fries
Carrots/Ranch
Fresh Fruit
Choice of Milk

14

French Toast/Syrup
Potato Triangles
Sausage Links
Fresh Fruit
Choice of Milk

15

Pretzel/Cheese
Lettuce Salad
Sidekick
Fresh Fruit
Choice of Milk

18

Choice of Pizza
Steamed Corn
Fresh Fruit
Choice of Milk
Cookie

19

Sweet & Sour Chicken
Steamed Rice
Steamed Broccoli
Fresh Fruit
Choice of Milk
Fortune Cookie

20

Cheeseburger/Bun
Baked French Fries
Carrots/Ranch
Fresh Fruit
Choice of Milk

21

Macaroni & Cheese
Bread Stick
Green Beans
Fresh Fruit
Choice of Milk

22

Corn Dog
Tater Tots
Baked Beans
Fresh Fruit
Choice of Milk
Shortbread Cookie

25

Bosco Sticks
Lettuce Salad
Fresh Fruit
Choice of Milk
Cookie

26

Nacho Supreme
Meat/Chips/Cheese
Lettuce/Tomato
Salsa/Sour Cream
Fresh Fruit
Choice of Milk

27

Chicken Strips
Smiley Fries
Carrots/Ranch
Fresh Fruit
Choice of Milk

28

Pancakes/Syrup
Potato Triangles
Sausage Links
Fresh Fruit
Choice of Milk

29

Hot Pockets
Baked Chips
Broccoli/Ranch
Fresh Fruit
Choice of Milk

News Welcome Back

Choice of Milk-
1% White
1% Chocolate

Choice of fruit-
Apple
Apple Slices
Clementine
Strawberries
Blueberries
Grapes
Banana
Applesauce
Mixed Fruit cup



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